

INDEPENDENT LIVING OPTIONS



Retirement Community

ASSISTANCE

Accommodates seniors with few, if any, disabilities needing limited assistance.

AMENITIES

Typically offers a broad range of intellectual, physical, and social activities. Often provides meals, housekeeping, laundry, and maintenance.



Senior Apartments

Designed for seniors with few, if any, disabilities needing limited assistance.

Often features amenities like golf, swimming pools, tennis courts, and fitness centers. Most include utilities, maintenance, and security.



Residential Care Home

Intended for seniors who need more individual care, like meals and assistance with daily living, in a home-like setting.

Usually has less than 10 residents and includes daily meals, housekeeping, laundry, medication management, social activities, and transportation.



Home Care

Provides in-home assistance for seniors recovering from surgery or illness, or those needing additional help who don't want to leave their current homes.

Home care aides can provide comfort, support, meals, transportation, and can coordinate care between the home, family members, doctors, and hospitals. Ranges from 24/7 live-in support to hourly, as-needed assistance.



Respite Care

Ideal for seniors who need a short-term stay at a senior community due to a short-term increase in needs, like if their caregiver is temporarily unavailable.

Services and amenities usually include 3 daily meals, medication management, 24-hour supervision and security, assistance with personal care needs, and more.